



Zero to One

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PHASE

THEIR SIZE IS CHANGING

Constantly changing in size & appearance

- Doubles birth weight by 4 months
- Triples by 1st birthday

If you kept growing at that rate...

- Birth: 8 lbs. 20 inches
- Age 20: 315 lbs. 25 ft. tall

Pediatrician will monitor growth

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THEIR SENSES ARE CHANGING

- Hearing: fully developed at birth
- Vision: fully developed by 8 months

At birth they need to be no further than a foot away from what they are to focus on. Perfect distance for the baby to see who is holding them.

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THEIR MOVEMENTS ARE CHANGING

- Lift head & chest: 3-4 months
- Reach for objects: 4-6 months
- Roll over: 4-6 months
- Sit up: 6-8 months
- Pick something up with two fingers: 6-9 months
- Crawl: 6-10 months
- Pull up using objects: 9-10 months
- Stand unsupported/maybe walk: 11-12 months

They all develop at different rates, no worries.

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HOW YOUR BABY THINKS/LEARNS

- Lots of exploration using all of their senses
- Mimicking
- Provide safe exploring environments
- Learn and understand the world by the responses they get from their actions
- Best educator for your baby = YOU

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AGE	WHAT THEY UNDERSTAND	HOW THEY COMMUNICATE
0-6 WEEKS	Knows (and prefers) your voice	"CRYING" Has distinctive cries Can make limited vowel sounds
3 MONTHS	Turns toward the sound of your voice	"COOING" Can make consonant sounds like p/b, k/g, m, d, n, w and j

AGE	WHAT THEY UNDERSTAND	HOW THEY COMMUNICATE
6 MONTHS	<p>Recognizes your tone and can reproduce it</p> <p>Pays attention to music</p>	<p>"BABBLING" Babbles with consonant vowel consonant patterns. "ma-ma-ma-ma-ma"</p>
9 MONTHS	<p>Understands simple words like "no" and "bye" through body language</p> <p>Understands words for common objects "cup," "shoe," "milk"</p>	<p>"BABY-SPEAK" Reproduces sounds that you make</p> <p>Babbles with more complex consonant-vowel-consonant or vowel-consonant-vowel patterns that resemble native language</p>

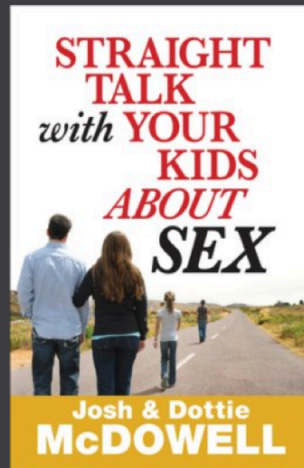
AGE	WHAT THEY UNDERSTAND	HOW THEY COMMUNICATE
12 MONTHS	<p>Understands around 70 words</p> <p>Can follow simple directions - especially when associated with gestures i.e. "come with daddy."</p>	<p>"FIRST WORDS" Can pronounce all vowels and about half of the consonant sounds</p> <p>Can say one to four "first words"</p>

SEXUAL INTEGRITY AND DEVELOPMENT

- We're all made in God's image
- Rapid physical growth
- Assigning correct names for body parts
- Defining privacy and appropriate boundaries

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Straight Talk with Your Kids About Sex by Josh And Dottie McDowell



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WHATS CHANGING EMOTIONALLY

Early stages: two basic emotions

- Pleasure
- Distress

By 9 Months

- Anger
- Disgust
- Fear
- Happiness
- Sadness
- Surprise

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LOOK FOR THE SIGNS:

- Day one - expressing distress . . . you will recognize it.
- 6 weeks - the first social smile
- 2 months - mirroring expressions of anger or sadness
- 4 months - expressing disgust . . . probably as you introduce your baby to a new food
- 6 months - turning away from strangers to show fear
- 7 months - smiling with the hope of encouraging interaction
- 7 months - expressing surprise with sudden movements or loud noises

YOUR BABY IS EXPERIENCING YOUR EMOTIONS

- By four months old your baby can...
- Distinguish b/t happy and sad face
- They follow your lead. If you give them a toy and have a happy face, they are more likely to play with it.
- Dropping off at daycare and you're upset, they are more likely to be upset
- Learn how to respond to the world, based on your reactions

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WHAT'S CHANGING MORALLY

“Your baby was actually born pre-loaded with limited moral sensibilities. It's as if somehow in God's plan, the stamp of His image still affects us. Even though babies regularly demonstrate their inherent self-centered nature, they also come with a remarkable ability to recognize good and prefer it over evil. Our from-birth morality is like a compass leading us in the direction of the One who made us.” -John Medina

- by 5 months old they show preference for good over bad
- by 8 months they demonstrate signs for understanding justice (granted they are only capable of this up to their intellectual level.)

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ZERO TO ONE → **AT A GLANCE**

YOUR ROLE: → EMBRACE THEIR PHYSICAL NEEDS

THEIR QUESTION: → "AM I SAFE?"

YOUR GOAL: → ESTABLISH TRUST

POD A: NURSERY

- Relationship with family is a huge priority
- Drop off can be difficult
- Safety
- Background checks and sexual abuse prevention training every 2 years

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Infants

- Rocked, held, hugged, played with, sung to, fed, and changed
- prayed over

1's

- They're busier=we're busier
- Separation anxiety=normal

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2's

- Introduced to more structure
- Consistency makes a HUGE difference

Several areas to play when they come in the room

- Dress-up
- Reading
- Cars
- Kitchen
- Manipulatives (blocks)

Storyboards for that week's Bible Story

Large group

- Fun worship with singing and dancing
- Reiterate the story

SNACK

Coloring

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Our relationships with parents

- We love your kiddos, but we want to build relationships with you too.
- We care.
- We want you to be excited about your kids and what they are learning and experiencing on Sundays.

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PARENT CHILD DEDICATION

Celebration of your commitment to live out an authentic faith filled life as an example for your child to follow

You have the greatest influence on your child's faith

- One of your biggest impacts you have on your child's faith is the example you set.
- We ALL fall short & NONE of us are perfect parents

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HOW TO REGISTER

WEBSITE, classes, Online Parent Child Dedication Class = register

- Two videos for you and your hubby to watch
- Sign up for a ceremony

Friends and family the opportunity to celebrate with you

Sponsor – someone to walk alongside you and your family. It takes a village

- Life Verse

Letter

- What you want for your child (qualities, etc.)

Pics, lots of pics

Reception

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What can I start doing now?

Create a rhythm

- Find opportunities in your daily routine to focus on Jesus
- Keep it simple and practical to help stay consistent

Guide with questions

- What are you thankful for?
- What do you need help with?
- Anyone you know that is sick?

Pray with your babies, they're never too young

HEARING YOU TALK TO JESUS IS A POWERFUL EXAMPLE

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Music

- Adventure Week

-Sunday Mornings (Yancy, Hillsong Kids, Orange Conferance).

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BEDTIME OPPORTUNITIES

Prayer

Sunday Morning Review

Children's bibles and storybooks

RESOURCE: The Jesus Storybook Bible and The Story for Little Ones

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Try to create opportunities where you can pray, sing, or read about Jesus

Make is simple and practical

Create a long rhythm that will work for your family for years to come

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